

STAGES

COMMON CHARACTERISTICS OF THE “11 YEAR OLD” STAGE

- Fluctuations in behavior
- Argumentative and competitive
- Emotionally intense
- Increased peer influence
- Inquisitive, wants to figure things out for self
- Resists demands (work, bedtime, etc.)
- Teases others
- Restless, talkative, silly, frequently hungry
- Doesn't like to be alone

COMMON CHARACTERISTICS OF THE “12 YEAR OLD” STAGE

- Smoother period
- Easier peer relations
- More confident, better self control
- Less resistant work, likes school better
- More interested in opposite sex
- More clothes conscious
- More sensitive to feelings of others
- Worries about grades and exams

COMMON CHARACTERISTICS OF THE “13 YEAR OLD” STAGE

- Critical of self and others
- Tends to withdraw from family, has fewer friends
- Complies with demands and values of peers
- Moody, easily hurt or annoyed
- Wants freedom of decision
- More responsible and dependable
- Agonizes over personal appearance

COMMON CHARACTERISTICS OF THE “14 YEAR OLD” STAGE

- More friendly, outgoing, and self-assured
- Family relationships less tense
- Social life very important
- Anxious to be liked and accepted by friends
- Frank and talkative
- Compares self with others
- Often loud and noisy
- Enjoys argument as a game